



AIR SR. PROGRAM WILL START ON FEB. 22 2010. THEMED ON

HEALTH AND NUTRITION . . 1













AIR Lews

"OUR MISSION IS THE PROMOTION AND SUCCESS OF AMERICAN INDIANS WITHIN EDUCATION."

Created in 1993 the AIR Program has set out to create a greater future for our American Indian Community through education.

## AIR Program to start in Feb. 22

(SAN DIEGO) The AIR Program announces the start of our AIR Sr. Project for Spring 2010 on February 22. The AIR Sr. project is based on looking at education through culture and providing academic services to our students within the university setting. This semester we will look at health and nutrition by comparing cultural diets, present day healthy diets and what we really eat. It is our hypothesis that present day healthy diets and our cultural diets looked very similar but in today's world, the convenience fast food, coupled with daily stress has made our diets and lifestyle into an unhealthy style of living. Our program will continue with our academic workshop series on requirements to enter a university, finances, the university social

setting, and more. Each workshop is put on by our mentors who are presently going through this process. Who best to lead such a discussion on finances than a starving student eating top-ramon while worrying about getting that one used book at a discount from the campus bookstore? Who better than a student who has been accepted to the university after successfully completing all requirements to enter the university while in high school to discuss university requirements? These workshops are important in the students success at the university level. In all these years we have been highly successful within our program as more and more of our students are pursuing higher education with great preparation and greater



insight towards success.

We look forward in having a great semester and seeing our returning students and mentors along with new students from all around San Diego County. See you soon.



#### COLLEGE WATCH



This semester we are looking at our seniors and where they may go. Already the report is that some students have been accepted to CSUSM and Humbolt State with applications still out for many other schools. From our program we have had students go onto UCSD/SDSU/CSUSM/UC Davis/Humbolt State University/NAU/Brandeis University/Palomar College/Mesa College/Grossmont/Cuyamaca College/Mira Costa.

We wish those students with applications still pending the best of luck and we are rooting for them as we feel that these students can compete with the best in the university setting.



# AIR Programs and USD University San Diego Tutorial Program

AIR tutorial program continuing for Spring 2010 at USD

(USD) AIR tutorial will begin Tuesday
February 2nd and will be held on Tuesdays and
Thursdays from 4:30 - 6:30 pm. This semester,
we will be meeting in Camino Hall 153.
We are anticipating a successful spring with
many of our tutors returning to work with our
students. Within our program USD students
and graduates provide one-on-one tutoring
to our American Indian youth. They assist
our students to study for tests, complete
their homework, work on school projects,

and provide extra practice with assigned curriculum. Each of our session have breaks for social interaction where all program participants come together for introductions and a team-building activity. This past semester, we are proud to state that those students who attended on a regular basis raised their grades by a minimum of one letter. For more information, please contact:

Kate Gordon at kgordon-10@sandiego.edu



Dr. Pulido, Dr. Jacob, and Dr. Proudfit at AIR
Banquet

### A Message from Dr. Michelle Jacob

Dr. Jacob will be a contributing writer for our Newsletter and is the AIR Programs Community Leadership Award winner 2009. We thank her for her contribution to our program and community.

Happy New Year! Here at USD we are excited to be starting another semester partnering with the AIR program. This semester our USD AIR mentors are taking my class, Ethnic Studies 494: Race & Education. Through our work with AIR, students will learn and apply critical Ethnic Studies frameworks in order to work towards a vision of social justice through education. We are proud to collaborate with AIR to continue to promote educational success for American Indians.



Pictured: USD/ATAICS students Monique, Liz and Earl

### ATAICS Students attending USD

We congratulate and wish the best for All Tribes American Indian Charter School (ATA-ICS) students attending the University of San Diego under the Bill and Melinda Gates Foundation "Early College" program. This is a great and unique opportunity for these students as we feel that they can be successful in their classwork and can compete for





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academic excellence with their fellow classmates at USD. Under this program students will be attending both the University and ATAICS and gaining college and high school credit. At the University there is great support for this program as it represents the University's outreach to bridge the educational divide from our Native community and higher education. The University has pledged great support for the student's success as support will also be strong through ATAICS and our AIR Program. We congratulate the students from ATAICS on entrance to USD and wish them the best. Finally, a special thanks to the Office of Admissions and the Department of Ethnic Studies for making the partnership happen.